

Spirit & Soul Yearly Check-Up

12 questions to ask for reflecting on
spiritual growth and goals

1. In what ways did I grow closer to God this year?
2. Where did I see God's hand working directly in my life?
3. What were some of my answered prayers?
4. What spiritual areas did I fall short in this past year?
5. What spiritual goals do I have for the upcoming year?
6. Do I feel that my heart is in the right place right now?
7. What are the true desires of my heart?
8. Do I love God first and others next?
9. Do my actions reflect my priorities?
10. Am I guarding my heart?
11. Do I trust God with all my heart?
12. Am I thankful with all my heart?

Read Psalm 26.